

Benedict Paul Copywriting

THINK . . .

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FEEL . . .

Benedict Paul Copywriting

LOOK . . .

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EPIC

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Bodybuilding

Physique

Nutrition

Weight Loss

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ELITE COACHING BY ELITE ATHLETES

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Law Payne

USA Champion
Universe Champion
Superbody Runner-up

Patricia Payne

8x World Drug-Free Champion
3x Mrs. Universe

Terri McBee

3x Drug-Free Figure World Champion
3x Mrs. Universe

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SINCE 2003

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40 titles, including 5 Pro Worlds, in 2014 (THT coaches)

14 Pro Cards in 2014 (THT coaches)

24 World Pro titles (THT coaches)

201 World Pro titles (THT-coached athletes)

400 clients, including rival athletes

CUSTOM ELITE-LEVEL ATTENTION

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24x7 Online Coaching

Nutrition

Workouts to Fix Weaknesses

Supplementation Advice

Cardio plus Changes

Up to 2 Weekly Check-ins

24x7 Support

**NO SHORTCUTS.
NO B.S.**

“They push you hard THEY ARE WORTH IT AND MORE!”—**Sally Cianciolo, Pro USA Champion & Pro Olympia Champion**

“THT helped me take my physique to another level.”—**Shevon Cunningham, 2x WNBF World Champion, DFAC Elite World Champion**

“Prepare to work hard but you won’t regret a minute when you see the final result!”—**Michelle Hardy, IFPA Pro**

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**BE YOUR
ABSOLUTE BEST**

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Plans starting from \$62.50/week

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**JOIN
HARDBODY
TODAY**

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