

# Discover And Embrace The Joyous, Healthy, Successful, Creative And Powerful Being You Were Born & Destined To Be

New 3-day **BEING DIFFERENT CHANGES THE WORLD** program by Robert Kirby, one of Australia's and the world's foremost transformational facilitators, trainers and educators

**FREE Introductory Workshop**

May 29, 2013 • The York Conference & Function Centre,  
99 York Street, Sydney, NSW

**Book your FREE seat (usually \$197) right away!**

Name:

E-Mail:

**FREE BONUS GIFT**  
E-book worth \$\$—Instant Download!

**YES! I Want To Discover & Embrace The Life  
I Was Born And Destined To Truly Live . . .**

## Who will benefit the most from the 3-day BEING DIFFERENT CHANGES THE WORLD program?

=> Anyone who desires to discover and embrace the **joyous, healthy, successful, creative and powerful** being they were born and destined to be . . .

=> Anyone who wants to **free themselves** from fear . . . trauma . . . stress . . . guilt . . . shame . . . emotional blockages . . . self-limiting beliefs . . . anxiety . . . past disappointments . . . relieving the past . . . toxic thinking . . . self-destructive behaviours . . . mood swings . . . exaggerated and irrational thoughts . . . redundant conditioning . . .

=> Anyone who suffers from a **physical, mental and/or an emotional problem**, including weight issues . . . anxiety . . . depression . . . loneliness . . . relationship issues . . . fears/phobias . . . panic attacks . . . anger issues . . . overwhelming grief . . . eating disorders . . . addictions . . . commitment issues . . . back and other pains . . . chronic fatigue . . . insomnia and other sleep-related problems . . . intimacy/sexual issues . . . perfectionism . . . migraines . . . fear of criticism . . .

=> Anyone who believes they have reached a **crossroad or dead end** in their life or any major part of their life . . .

=> Anyone who believes they are living in an **invisible prison** of their own or somebody else's making . . .

=> Anyone who has **attended a personal development seminar** in the past . . . felt invincible in the beginning . . . but ended up suffering a "crash" and a "hangover" soon after, which only made things worse than they were before . . .

=> Anyone who wants to experience any and all of these **truly life-changing benefits**:

- Health and happiness
- Positive intentions
- Mindfulness
- Mental rehearsal
- Create from the Frontal Lobe, the most evolved part of the brain
- Grounded presence and focus
- Accelerated emotional vibration
- Relaxed alertness
- Self-identity, self-awareness, self-worth, self-esteem, and self-confidence
- Inner presence that connects you to your life purpose
- Create from a place of clarity and passion
- Act consciously and with meaning
- Communicate smartly, quickly and effectively
- Develop a strong ethical identity
- Improve your powers of concentration
- Create more time and space in the universe
- Manifest your desires by sending aligned messages to the quantum field

=> Anyone who believes they are **too old, too helpless, too set in their ways, too far-gone, too whatever** to turn their life around . . .

=> Anyone who wants to be in **total control** of their thoughts, feelings, actions . . . and their life . . .

=> Anyone who wants to live a balanced life . . .

=> Anyone who is burdened with the **fear of change** but wants to experience a lasting transformation from the inside out . . .

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## The BEING DIFFERENT CHANGES THE WORLD program could be a life-changing experience

### **DAY 1: Passion, Purpose, Feelings, Emotions, and Embodiment (Body/Mind Energy)**

On Day 1 of the new 3-day **BEING DIFFERENT CHANGES THE WORLD** program, you and Robert will work together to combat negative emotions, mood swings, body tension, distortions, guilt, shame . . . even deep trauma.

You will learn to change your body/mind energy and your negative intentions, and how to stop living in the past.

You will develop a grounded presence and focus . . . accelerate your emotional vibration . . . and learn to embrace resistance.

You will also learn to detach yourself not only from the past but also from expected outcomes . . . clear emotional blockages . . . and get rid of obstacles to your freedom.

### **DAY 2: Will Power, Reason, Thought Processes, and Embrainment**

What is the real source of what you intend to do? Is it a desperation, distortion, fear . . . ? Or is it a Higher Purpose?

You will come face to face with the answer on Day 2 of the new 3-day **BEING DIFFERENT CHANGES THE WORLD** program.

You will learn to . . .

. . . let go of destructive thoughts and past failures . . .

. . . change your unconscious beliefs, the way thoughts are generated and the frequency of your brain waves, among other things . . .

. . . rewire the cerebellum, which controls muscle movement, speech & language, balance, posture, voluntary movement and even motor learning . . .

. . . and modify brain plasticity—your actions, thoughts and feelings literally change the internal landscape of your brain, which in turn affects your actions, thoughts and feelings.

### **The 12 BEING DIFFERENT CHANGES THE WORLD Modules**

01. Abstract Constellations: Diagnosis & Assessment
02. Family Constellations: Balancing Family Dynamics
03. Character Analysis: Diagnosing Your Identity
04. Voice Dialogue: Isolating Your Different Personalities
05. Body Psychotherapy: Psychology of the Body
06. Reichian Therapy: Muscular & Emotional Release
07. Bioenergetics: Charging & Discharging Emotional Issues
08. Core Energetics: Transforming Negativity
09. Heart Energetics: Mobilising Your Greatest Qualities
10. Energy Work: Hands-On Healing
11. Group Dynamics: Deep Healing of Energy & Consciousness
12. Love & Sexuality: Strengthening Your Identity

You will also learn to tap into your will power/mind strength to overcome any obstacle in life, keep going and never give up . . . and use the power of reason/logic to determine the next course of action.

At the end of Day 2 you will develop an ability to create from the Frontal Lobe (the most evolved part of the brain), and learn to sharpen your positive intentions, powers of observation and state of mindfulness.

You will also realise the power of mental rehearsal, and learn to stabilise your alpha brain waves, which are associated with physical and mental relaxation, precognition, telepathy and remote viewing.

### **DAY 3: Spiritual Unification, Congruency of Thought & Feeling, and Brain & Body Alignment**

On Day 3, you will tackle fear paralysis, past conditioning, stress, anxiety and behavioural issues.

You will realise the power that lies in a story . . . learn to switch from a survival mode to an active creation one . . . and reprogram neuropeptides (the brain's protein-like communication molecules), neurotransmitters (the brain's signaling chemicals) and hormones.

Day 3 may well be the first day of the rest of your new life. Not least because you will also learn to bridge the gap between being and doing—between who you are and what you do.

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## Meet Robert Kirby, your internationally acclaimed transformational mentor

What makes Robert a remarkably effective and an internationally acclaimed transformational mentor?

### His approach.

Unlike many of his peers, he takes into account not just a mentee's mind but also their body, emotions, spirit, and energy.

Robert has been a part of the human behaviour and personal development field for over two decades. Combined with his compassionate and intuitive nature, this extensive experience makes him highly effective in creating lasting change in the life of his mentees.

Holistic medical physician and founder of London's Whole Body Healing Centre, Dr. Mark Atkinson, calls Robert **one of the world's leading visionaries within the field of human transformation. "His depth of insight and knowledge relating to the bodymind is considerable, more importantly however, is his ability to facilitate awareness and healing through the use of Core Energetics. I have personally experienced considerable personal gain from his work, [and] highly recommend Robert and his workshops."**

Robert has worked with several world-renowned healers, teachers and masters, including Celebrity Body Worker's **Cathy Martino**, who introduced Robert to Reichian Body Therapy.

He has also studied with author **John Bradshaw** . . . TV celebrity **Barbara De Angeles**, PhD, whom he also represented as a panel member on the Oprah Winfrey Show . . . Tapping Therapy founder **Roger Callahan** . . . Core Energetics founder **Dr. John Pierrakos** . . . and bioenergy research scientist and author **Valerie Hunt**, PhD, among others.

Robert's work has also been greatly influenced by Bert Hellinger, the founder of Family Constellations . . . Alexander Lowen, the founder of Bioenergetics . . . Wilhelm Reich, the father of Body Psychotherapy . . . Carl Jung . . . and the medieval theologian, philosopher and mystic, Meister Eckhart.

From 2000 through 2010, Robert directed and facilitated 5 four-year and 3 postgraduate trainings in Integrated Body Psychotherapy. A part of his personal mission during this time was to share with the world techniques such as Reichian Character Analysis, Bioenergetics, Core Energetics, and his own Heart Energetics, which according to expert educators in the field was **the most comprehensive training on the planet.**

Robert holds two master's degrees in art (clinical psychology and psychosomatics medicine) . . . a master's degree in business administration . . . a bachelor's degree in science (business marketing/organizational psychology) . . . and five diplomas (Core Energetics/Body Psychotherapy, Energy Healing and Spiritual Psychology).

Robert has also completed several trainings and courses in public speaking, acting, improvisational theatre, human relationships, self-esteem/self-image, and sales skills & negotiations.

Robert continues to educate himself and continues to work with the likes of Simon Reynolds, John McGrath, Brendan Nichols, and Benjamin Harvey.

**"Robert is a true visionary with a big and generous heart, and a champion of anybody who desires to grow to become a whole and fully empowered person,"** says Kuno Bachbauer, M.D., a senior faculty member at the Institute of Core Energetics, New York.

He has attended over 150 trainings and workshops about such subjects as Entrepreneurship . . . Hypnosis . . . Vibrational Healing . . . Pranic Healing . . . Kinesiology . . . New Biology . . . Brain Research . . . Advanced Brain Spotting (Trauma Release) . . . Quantum Physics . . . Accelerated Learning . . . Family Constellations . . . Systemic Constellations . . . Organizational Constellations . . . Voice Dialogue Therapy . . . Property Investments . . . Mysticism . . . Meditation . . . Body Psychotherapy . . . Addiction Recovery Therapy . . . Abuse & Trauma . . . Healthy Relationships . . . Learning . . . Money Dynamics . . . and Executive Coaching.

Using integrated body psychotherapy and energy healing, Robert has been instrumental in transforming the personal and/or professional lives of more than 14,000 people.

He is also the founder of one of the world's largest and most successful institutes of body-centred psychotherapy.

Before becoming a full-time transformational facilitator, trainer and educator, Robert was a highly successful senior corporate executive and held leadership positions in two Fortune 500 American corporations, including PerkinElmer, Inc., a Forbes best-managed American company.

His aerospace industry career includes an outstanding achievement award.

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