## **Discover And Embrace** The Joyous, Healthy, Successful, **Creative And Powerful Being**

You Were Born & Destined To Be New 3-day <u>Being Different Changes The World</u> program by Robert Kirby,

99 York Street, Sydney, NSW Book your FREE seat (usually \$197) right away! Name: E-Mail: **FREE BONUS GIFT** E-book worth \$\$—Instant Download! **YES! I Want To Discover & Embrace The Life** I Was Born And Destined To Truly Live . . . Who will benefit the most from the 3-day **BEING DIFFERENT CHANGES THE WORLD program?** => Anyone who desires to discover and embrace the joyous, healthy, successful, creative and powerful being they were born and destined to be . . . => Anyone who wants to **free themselves** from fear . . . trauma . . . stress . . . guilt . . .

=> Anyone who suffers from a physical, mental and/or an emotional problem, including weight issues . . . anxiety . . . depression . . . loneliness . . . relationship issues . . . fears/phobias . . . panic attacks . . . anger issues . . . overwhelming grief . . . eating disorders . . . addictions . . . commitment issues . . . back and other pains . . . chronic fatigue . . . insomnia and other sleep-related problems . . . intimacy/sexual issues . . .

disappointments . . . reliving the past . . . toxic thinking . . . self-destructive behaviours . . . mood swings . . . exaggerated and irrational thoughts . . . redundant conditioning . . .

perfectionism . . . migraines . . . fear of criticism . . . => Anyone who believes they have reached a **crossroad or dead end** in their life or any

shame . . . emotional blockages . . . self-limiting beliefs . . . anxiety . . . past

major part of their life . . . => Anyone who believes they are living in an **invisible prison** of their own or somebody else's making . . . => Anyone who has attended a personal development seminar in the past . . . felt

invincible in the beginning . . . but ended up suffering a "crash" and a "hangover" soon after, which only made things worse than they were before . . . => Anyone who wants to experience any and all of these truly life-changing benefits: Health and happiness Positive intentions

 Mindfulness Mental rehearsal • Create from the Frontal Lobe, the most evolved part of the brain Grounded presence and focus

 Accelerated emotional vibration Relaxed alertness • Self-identity, self-awareness, self-worth, self-esteem, and self-confidence • Inner presence that connects you to your life purpose

 Develop a strong ethical identity • Improve your powers of concentration Create more time and space in the universe

 Manifest your desires by sending aligned messages to the quantum field => Anyone who believes they are too old, too helpless, too set in their ways, too fargone, too whatever to turn their life around . . .

=> Anyone who wants to be in **total control** of their thoughts, feelings, actions . . . and

=> Anyone who is burdened with the **fear of change** but wants to experience a lasting transformation from the inside out . . . .

Create from a place of clarity and passion

Communicate smartly, quickly and effectively

Act consciously and with meaning

=> Anyone who wants to live a balanced life . . .

their life . . .

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> YES! I Want To Discover & Embrace The Life I Was Born And Destined To Truly Live . . .

The Being Different Changes The World program could be a life-changing experience DAY 1: Passion, Purpose, Feelings, Emotions, and Embodiment (Body/Mind Energy) On Day 1 of the new 3-day Being Different Changes The World program, you and Robert will work together to combat negative emotions, mood swings, body tension, distortions. guilt, shame . . . even deep trauma. You will learn to change your body/mind energy and your negative intentions, and how to stop living in the past. You will develop a grounded presence and focus . . . accelerate your emotional vibration . . . and learn to embrace resistance. You will also learn to detach yourself not only from the past but also from expected outcomes . . . clear emotional blockages . . . and get rid of obstacles to your freedom. DAY 2: Will Power, Reason, Thought Processes, and Embrainment What is the real source of what you intend to do? Is it a desperation, distortion, fear . . . ? Or is it a Higher Purpose? You will come face to face with the answer on Day 2 of the new 3-day Being Different Changes The World program. You will learn to . . .

05. Body Psychotherapy: Psychology of the Body 06. Reichian Therapy: Muscular & Emotional Release 07. Bioenergetics: Charging & Discharging Emotional Core Energetics: Transforming Negativity 08. 09. Heart Energetics: Mobilising Your Greatest Qualities

10. Energy Work: Hands-On Healing

Consciousness

next course of action.

Alignment

issues.

hormones.

11. Group Dynamics: Deep Healing of Energy &

12. Love & Sexuality: Strengthening Your Identity

04. Voice Dialogue: Isolating Your Different Personalities

evolved part of the brain), and learn to sharpen your positive intentions, powers of observation and state of mindfulness. You will also realise the power of mental rehearsal, and learn to stabilise your alpha brain waves, which are associated with physical and mental relaxation, precognition, telepathy and remote viewing.

DAY 3: Spiritual Unification, Congruency of Thought & Feeling, and Brain & Body

On Day 3, you will tackle fear paralysis, past conditioning, stress, anxiety and behavioural

You will realise the power that lies in a story . . . learn to switch from a survival mode to an

Day 3 may well be the first day of the rest of your new life. Not least because you will also learn to bridge the gap between being and doing—between who you are and what you do.

active creation one . . . and reprogram neuropeptides (the brain's protein-like

communication molecules), neurotransmitters (the brain's signaling chemicals) and

At the end of Day 2 you will develop an ability to create from the Frontal Lobe (the most

You will also learn to tap into your will power/mind strength to overcome any obstacle in life, keep going and never give up . . . and use the power of reason/logic to determine the

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"Robert is a true visionary with a big and generous heart, and a champion of anybody who desires to grow to become a whole faculty member at the Institute of Core Energetics, New York.

him a decade ago when I first started therapy. I'd have saved a lot of money." very effective group facilitator. "I thoroughly recommend Robert to anyone who wants to live in truth and get the most out of life."

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. . . let go of destructive thoughts and past failures . . . . . . change your unconscious beliefs, the way thoughts are generated and the frequency of your brain waves, among other things . . . . . . rewire the cerebellum, which controls muscle movement, speech & language, balance, posture, voluntary movement and even motor learning . . . . . . and modify brain plasticity—your actions, thoughts and feelings literally change the internal landscape of your brain, which in turn affects your actions, thoughts and feelings. The 12 Being Different **CHANGES THE WORLD Modules** 01. Abstract Constellations: Diagnosis & Assessment 02. Family Constellations: Balancing Family Dynamics 03. Character Analysis: Diagnosing Your Identity

• **Deb Hibble**, a Core/Heart Energetics Therapist, registered nurse and midwife, wholeheartedly encourage[s] you to go forward in your life and if you have an opportunity to be around Robert, grab it with both hands and hang on for the ride of your life. "[I] did and [I] feel so grateful to have had the experience." • A professional writer, Craig Bergman, has this to say about Robert: "I live in Los Angeles and have access to every possible therapist, guru, healer you could ever want or need in a lifetime. And I have been to many of them. Yet, none of them compares to Robert Kirby. I had the pleasure of working with him just one time, and he told me things about myself and gave me a plan of attack that I still use every day.

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<u>Listen to what some of Robert's mentees</u> have to say about him

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Robert has been a part of the human behaviour and personal development field for over two decades. Combined with his compassionate and intuitive nature, this extensive

> Holistic medical physician and founder of London's Whole Body Healing Centre, Dr. Mark Atkinson, calls Robert one of the world's leading visionaries within the field of human transformation. "H depth of insight and knowledge relating to the bodymind is

experience makes him highly effective in creating lasting change in the life of his mentees.

considerable, more importantly however, is his ability to facilitate awareness and healing through the use of Core Energetics. I

and fully empowered person," says Kuno Bachbauer, M.D., a senior Entrepreneurship . . . Hypnosis . . . Vibrational Healing . . . Pranic Healing . . . Kinesiology . . . New Biology . . . Brain Research . . . Advanced Brain Spotting (Trauma Release) . . . Quantum Physics . . . Accelerated Learning . . . Family Constellations . . . Systemic Constellations . . . Organizational Constellations . . . Voice Dialogue Therapy . . . Property Investments . . . Mysticism . . . Meditation . . . Body Psychotherapy . . . Addiction Recovery Therapy . . . Abuse & Trauma . . . Healthy Relationships . . . Learning . . . Money Dynamics Using integrated body psychotherapy and energy healing, Robert has been instrumental in He is also the founder of one of the world's largest and most successful institutes of body-Before becoming a full-time transformational facilitator, trainer and educator, Robert was a highly successful senior corporate executive and held leadership positions in two Fortune 500 American corporations, including PerkinElmer, Inc., a Forbes best-managed American

"Within meeting me in a short period of time, he put words to struggles I have been battling my entire life. Robert gave me real hope as the techniques he teaches are so practical and they take the guess work out of personal growth. I wish I had met • Brisbane's Cassandra Russell calls Robert Kirby an inspiring leader, teacher and a • Time and time again, marriage and family therapist, Donna Hamilton, [has] witnessed Robert's students step [out] from the shadows of mediocrity into the brilliance of realizing their true potential.

• "Robert Kirby will help you see things about yourself and about the world that can

allow you to live a deeper more fully realized life," says David Sutcliffe of Los Angeles. • "When I was diagnosed with Crohn's disease I became angry, resentful, and fell deeply into victimhood. After finding and working with Robert Kirby I was able to own and experience the many ways my painful childhood had settled in my gut and I had closed off my heart," says Holly Riley, author of Allowing: A Portrait of Forgiving and Letting Life Love You. "I was filled with trauma from the past that hadn't been addressed or acknowledged. Robert used techniques that led me to release beliefs, emotions, and feelings that were at the core of my illness. With his help I healed from a disease that I had been told repeatedly was incurable. I am eternally grateful for Robert's wisdom and his determination for me to recognize and listen to the language of my body and live from my heart." Deb, Craig, Cassandra, Donna, David and Holly are but just some of the people whose life Robert has helped transform. If you would like to be one of them . . . get to the root of your problems . . . and make permanent changes in your personal/professional life, please join Robert and the Robert Kirby International team on May 29, 2013. Take the first step to peeling away the past and finally living the joyous, healthy, successful, creative and empowered life you were born and destined to live. Please sign up right away. **FREE Introductory Workshop** May 29, 2013 • The York Conference & Function Centre, 99 York Street, Sydney, NSW Book your FREE seat (usually \$197) right away! Name: E-Mail: **FREE BONUS GIFT** E-book worth \$\$—Instant Download!

have personally experienced considerable personal gain from his work, [and] highly recommend Robert and his workshops." Robert has worked with several world-renowned healers, teachers and masters, including Celebrity Body Worker's Cathy Martino, who introduced Robert to Reichian Body Therapy. He has also studied with author John Bradshaw . . . TV celebrity Barbara De Angeles, PhD, whom he also represented as a panel member on the Oprah Winfrey Show . . . Tapping Therapy founder Roger Callahan . . . Core Energetics founder Dr. John **Pierrakos** . . . and bioenergy research scientist and author **Valerie Hunt**, PhD, among Robert's work has also been greatly influenced by Bert Hellinger, the founder of Family Constellations . . . Alexander Lowen, the founder of Bioenergetics . . . Wilhelm Reich, the father of Body Psychotherapy . . . Carl Jung . . . and the medieval theologian, philosopher and mystic, Meister Eckhart. From 2000 through 2010, Robert directed and facilitated 5 four-year and 3 postgraduate trainings in Integrated Body Psychotherapy. A part of his personal mission during this time was to share with the world techniques such as Reichian Character Analysis, Bioenergetics, Core Energetics, and his own Heart Energetics, which according to expert educators in the field was the most comprehensive training on the planet. Robert holds two master's degrees in art (clinical psychology and psychosomatics medicine) . . . a master's degree in business administration . . . a bachelor's degree in science (business marketing/organizational psychology) . . . and five diplomas (Core Energetics/Body Psychotherapy, Energy Healing and Spiritual Psychology). Robert has also completed several trainings and courses in public speaking, acting, improvisational theatre, human relationships, self-esteem/self-image, and sales skills & negotiations. Robert continues to educate himself and continues to work with the likes of Simon Reynolds, John McGrath, Brendan Nichols, and Benjamin Harvey. He has attended over 150 trainings and workshops about such subjects as . . . and Executive Coaching. transforming the personal and/or professional lives of more than 14,000 people. centred psychotherapy. company. His aerospace industry career includes an outstanding achievement award. FREE Introductory Workshop May 29, 2013 • The York Conference & Function Centre, 99 York Street, Sydney, NSW Book your FREE seat (usually \$197) right away! Name: E-Mail: **FREE BONUS GIFT** E-book worth \$\$—Instant Download!

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