



Are you at a crossroad in your personal, professional or spiritual life?

It may be time for a *Robert Kirby Retreat* . . .

If you think that nothing and nobody can really help you out of your personal, professional or spiritual crisis, a *Robert Kirby Retreat* will not only change your mind . . . it may very well change your life.

Are you battling a personal, professional or spiritual crisis? Are you depressed? Are you stuck in a rut? Are you living a distorted life? Are you anxious, fearful, addicted or traumatised? Have you been there and done that but failed to see the light at the end of the tunnel?

Since 1995, *Robert Kirby Retreats* have helped over 2,100 people on 3 continents to break through the barriers to personal freedom, and lead a life of truth and deep meaning.

[Testimonial from a past Retreat participant]

By gifting yourself a 3-day *Robert Kirby Retreat*, you will finally get to the core of your personal, professional or spiritual crisis. With the help of proven techniques, you will at

last:

- Uncover the deepest unconscious beliefs that are holding you back
- Isolate and overcome specific blocks affecting your ability to be and live in the now
- Ease out past trauma
- Gain the clarity, focus and momentum required to achieve future goals
- Unlock potential and inner gifts you weren't even aware you possessed
- Move towards creating a healthy and abundant life
- Learn about your true self and who you truly are on every level of existence

A big advantage of a **Robert Kirby Retreat** is that all processes benefit every participant's personal transformation process, even when they are not the participant in focus.

Each **Robert Kirby Retreat** is led by Australian healer, coach, trainer, author and the founder of Robert Kirby International, Robert Kirby. Besides Robert, at least five highly trained RKI body psychotherapists are in attendance at each **Robert Kirby Retreat**.

[Testimonial from a past Retreat participant]

The safe environment plus the group's healing energy and professional expertise means you are virtually assured of a personal, professional or spiritual breakthrough.

To book your spot at the very next 3-day **Robert Kirby Retreat**, get in touch with Robert Kirby International right away. Each **Robert Kirby Retreat** is restricted to only a handful of participants at a time.



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